

SKINCARE

essentials

AlumierMD at Jane Young Wellness

HydraBoost Cleanser

A gentle, hydrating cream cleanser designed for normal to dry and sensitive skin. It effectively removes impurities while soothing and moisturising the skin.

Why it works:

With ingredients like aloe and vitamin E, it cleanses without stripping natural oils, leaving your skin soft and calm.

Use:

Apply morning and evening to damp skin. Massage in, then rinse thoroughly.

Bright & Clear Solution

A refreshing exfoliating toner that helps brighten the skin and refine pores using lactic acid and salicylic acid.

Why it works:

This solution promotes cell turnover, clears away dull surface skin, and preps your face for better absorption of serums.

Use:

Apply after cleansing using a cotton pad, avoiding the eye area. Use once daily or as directed.

EverActive C&E + Peptide

A powerful antioxidant serum with 15% fresh L-ascorbic acid (vitamin C), vitamin E, and peptides.

Why it works:

It protects against environmental damage, supports collagen production, and brightens the skin. The vitamin C is kept potent in separate packaging and mixed when you're ready to use it.

Use:

Apply a few drops to the face and neck in the morning after toning. Use on dry skin.

HydraDew Facial Moisturiser

A rich, intensely hydrating moisturiser ideal for dry or dehydrated skin.

Why it works:

Formulated with soothing ingredients like shea butter and niacinamide, it locks in moisture and supports a healthy skin barrier.

Use:

Apply after serums, both morning and evening.

SPF and Eye Cream

Don't forget to add in an eye cream and in the morning, always finish your routine with a broad-spectrum SPF (not listed above but essential with AlumierMD products, especially when using exfoliating acids or vitamin C).

You can shop for your AlumierMD products online at Jane Young Wellness by connecting to their clinic using their unique code [here](#), your products will be delivered directly to you.